



COLUMBUS FAMILY Y
3912 38th Street
Columbus, NE 68601

Non-Profit Organization
U.S. POSTAGE
PAID
Columbus, NE
Permit #500

LIKE Downtown Runaround on Facebook for updates



**5 MILE &
2.1 MILE RUN**
SATURDAY, AUGUST 13TH

Partnering with Columbus Days,
check out all the fun activities at:
www.thecolumbuspage.com/columbus-days

Online Registration at:
getmeregistered.com
\$25 (thru 7/29) **\$30** (thru 8/9)
Brochure Registrations:
\$30 (on or before 8/2) **\$35** (8/3 - 8/7)

KID'S FUN RUN-Friday, August 12TH

Timing Technology....
The 2.1 Mile and 5 Mile Races will be timed using MYLAPS BibTag Timing Technology. Additional information will be provided to you via email and at packet pickup. Results will be available post race at www.onlineraceresults.com. Timing services provided by Precision Race Results, Omaha, NE. Gun Time (first to cross the finish line) will be used for overall course records, the top 3 male and female finishers and the top male and female masters finishers (40 & over). These finishers will be excluded from age group awards. Age groups will be based on Net Time (actual time spent running from start line to finish line.)

CORPORATE SPONSOR




MAJOR CONTRIBUTORS


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Ameriprise Financial	Columbus Screen Printing	Little Caesars Pizza	Pinnacle Bank
Bank of the Valley	Columbus Telegram	McDonalds	Pizza Hut
Columbus Area Convention & Visitors Bureau	Domino's	Midwest Medical Transport Co.	Pizza Ranch
Columbus Bank and Trust	First Interstate Bank	Nova Fitness Equipment	Precor
Columbus Community Hospital	First Nebraska Bank	Off Campus Grill	Runza
Columbus Family Y	Fit Tech, Inc.	OneUnited Federal Credit Union	Union Bank & Trust
	Glur's Tavern		
	Great Plains State Bank		

Again this Year!

Alumni XC Runners!
CHS, LHS, SCCHS



If you ran cross country and attended any of the three high schools in Columbus, Columbus High, Lakeview or Scotus Central Catholic, check the appropriate box on the registration form. The Alum (male & female) with the fastest time in the 5 mile run will each receive \$50 in Columbus Bucks.



WHAT: The 35th Annual Downtown Run-around. A fantastic flat five mile run and a 2.1 mile run/walk. The five mile course is certified.

Course Records -
Women: Amber Anderson - 27:19 (1996)
Men: Joe Metcalf - 24:31 (1998)

If you win and break the 5 mile course record, you will receive \$250 in cash!



Race No.	Class	Amount Pd	Check #	Cash	Staff Initials
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Return To:
Columbus Family Y
 3912 38th Street
 Columbus, NE 68601

KIDS FUNRUN ENTRY FORM 2022

Kids FunRun - Friday, August 12th
 7:00 p.m. Downtown Columbus

(Must register by August 9 to guarantee T-shirt on day of race.) Please make checks payable to **Columbus Family YMCA.**

NAME: _____ AGE: _____ SEX: M F
PLEASE PRINT
 STREET _____ BIRTHDATE: (MM/DD/YY) _____
 CITY: _____ STATE: _____ ZIP: _____ PHONE: _____

Optional T-shirts are \$8. Size (circle): Youth XS S M L Adult S M L XL

WAIVER: I know that competing in a road race is a potentially hazardous activity. My child should not enter and compete unless they are medically able and have trained to cover the distance of this event. I agree on behalf of my child to abide by any decision of a race official relative to my child's ability to safely compete in this event and I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Fully understanding the nature of this activity I hereby, on behalf of my child, their executors and administrators waive and release and hold harmless the Downtown Runaround, City of Columbus, Columbus Family Y, Submuloc Runners Club, First National Bank, all sponsors and any of their agents, employees, officers, council members, meet officials, volunteers and workers for any and all rights and claims for damages or costs that I or my child may incur. This includes personal injury, death, or property damage suffered by my child, or that my child may cause to others as a result of their participation in this activity. I have read and clearly understand the above statements, and realize this is a contract between myself, on behalf of my child, and the Columbus Family Y and is a release of liability. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, and recordings of my child, or any other record of this event, for any legitimate purpose. I sign on behalf of my child of my own free will. Must be signed by a parent or guardian.



Date _____ Signature of Parent or Guardian _____

COLUMBUS JUNIOR RUNAROUND



KIDS! It's the 28th Annual 1-mile Junior Runaround

Friday, August 12, 2022 - 7:00 p.m. Downtown Columbus

Columbus Days theme is "Nightmare on 13th Street"
 (Costumes are encouraged but not required.)

Prizes & refreshments for all finishers
 PLUS door prize drawings
 Optional T-shirts: \$8

Pre-Registration Deadline For T-Shirts: August 9.
Entries will be accepted at the race. • No entry fee.
Must be 12 or under. • Please fill out entry form above.

We Cater To Kids!

5 MILE AND A 2.1 MILE RUN



WHEN/WHERE

5 mile race start time is 8:00 a.m. sharp, 2.1 mile race start time is 8:05 a.m. on Saturday morning, August 13, 2022. Races start at: Glurs Tavern, 2301 11th Street, Columbus, NE.

RACE NUMBERS

Anyone without a race number visibly displayed at any time before and during the race, will be required to leave the race course.

PACKET PICK-UP

Race packets and T-shirts will be available on Friday, August 12th at the Y, 8:00 a.m. to 5:00 p.m. Race Day packet pick-up will be at the start line from 6:30 to 7:30 a.m.

ONLINE REGISTRATION (\$\$ SAVE \$\$)

Register online and **SAVE!** \$25 registration thru July 29. \$30 registration from July 30 - August 9.

BROCHURE REGISTRATION

\$30 per entry if **RECEIVED** on or before August 2.
 \$35 per entry if **RECEIVED** on or before August 7.

Entry fee must accompany entry form and is not refundable. **No entries will be accepted after August 7.** Entry forms available at the Columbus Family Y, First National Bank Omaha, and all other contributors listed in this brochure. **Runners must participate in race entered. ABSOLUTELY NO LATE OR RACE DAY ENTRIES.**

VETERANS

Runners who have finished at least ten races (either or both distances) since the beginning of the Downtown Runaround will be eligible for special prizes.

T-SHIRTS

All entrants will receive a DTRA T-Shirt. If your shirt has a "?" on the sleeve, bring it to awards ceremony after the race to collect your prize.

REGISTER ONLINE & SAVE!!

PRIZES AND AWARDS

Join us after the race for our Award Ceremony at Glurs Tavern (pizza and beverages for race participants ONLY). Columbus Bucks of \$100, \$80, and \$50 will be given to the first, second and third place male and female winners of the 5 mile event. The top male and female 5 mile masters finisher (40 and over) will each receive \$50 in Columbus Bucks. Top three overall winners are not eligible for age category medals. The top three male and female finishers in each age group below will receive awards. No duplication of awards. After one hour, race times are not recorded. All entrants are eligible for prize drawings. Award medals/packets not picked up by winners will be held at the Columbus Family Y for two weeks following race day.

5 MILE - Men & Women		2.1 MILE - Men & Women	
14 & under	40 to 44	14 & under	50 to 59
15 to 19	45 to 49	15 to 19	60 to 69
20 to 24	50 to 54	20 to 29	70 to 79
25 to 29	55 to 59	30 to 39	80 & over
30 to 34	60 to 69	40 to 49	
35 to 39	70 & over		

Race No.	Class	Amount Pd	Check #	Cash	Staff Initials
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5 & 2.1 MILE ENTRY FORM 2022

Mail with entry fee to:
Columbus Family Y
 3912 38th Street
 Columbus, NE 68601

Brochure Entries **MUST** be **RECEIVED** by August 7. **NO REFUNDS. NO EXCEPTIONS.** Register online: getmeregistered.com

FILL OUT COMPLETELY PLEASE PRINT LEGIBLY Make checks payable to: Columbus Family YMCA

NAME: _____ AGE: _____ SEX: M F
 EMAIL: _____ BIRTH DATE: (MM/DD/YY) _____
 STREET: _____ PHONE: _____
 CITY: _____ STATE: _____ ZIP: _____ T-shirt Size (Circle): S M L XL XXL XXXL
 Youth: XS S M L XL

RACE ENTERED: 5 Mile 2.1 Mile - Runners must participate in race entered. Ten+ Year Race Veteran Alumni XC CHS LHS SCCHS

WAIVER: I know that competing in a road race is a potentially hazardous activity. I should not enter and compete unless I am medically able and have trained to cover the distance of this event. I agree to abide by any decision of a race official relative to my ability to safely compete in this event and I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Fully understanding the nature of this activity, I hereby, for myself, my executors and administrators waive and release and hold harmless the Downtown Runaround, City of Columbus, Columbus Family Y, Submuloc Runners Club, First National Bank Omaha, all sponsors and any of their agents, employees, officers, council members, meet officials, volunteers and workers for any and all rights and claims for damages or costs I may incur. This includes personal injury, death, or property damage suffered by me, or that I may cause to others as a result of my participation in this activity. I have read and clearly understand the above statements, and realize this is a contract between myself and the Columbus Family Y and is a release of liability. Further, I hereby grant full permission to any and all of the foregoing to use photographs, videotapes, motion pictures, and recordings of me, or any other record of this event, for any legitimate purpose. I sign it of my own free will. If under 18, parent/guardian must sign.

Date _____ Signature _____ **Make checks payable to: Columbus Family YMCA** If under age 18, signature of Parent or Guardian _____